

One – Studies in Ephesians A Contrast Community – Ephesians 4:17-32

¹⁷ So I tell you this, and insist on it in the Lord, that you must no longer live as the Gentiles do, in the futility of their thinking. ¹⁸ They are darkened in their understanding and separated from the life of God because of the ignorance that is in them due to the hardening of their hearts. ¹⁹ Having lost all sensitivity, they have given themselves over to sensuality so as to indulge in every kind of impurity, and they are full of greed. ²⁰ That, however, is not the way of life you learned ²¹ when you heard about Christ and were taught in him in accordance with the truth that is in Jesus. ²² You were taught, with regard to your former way of life, to put off your old self, which is being corrupted by its deceitful desires; ²³ to be made new in the attitude of your minds; ²⁴ and to put on the new self, created to be like God in true righteousness and holiness. ²⁵ Therefore each of you must put off falsehood and speak truthfully to your neighbor, for we are all members of one body. ²⁶ "In your anger do not sin" [d]: Do not let the sun go down while you are still angry, ²⁷ and do not give the devil a foothold. ²⁸ Anyone who has been stealing must steal no longer, but must work, doing something useful with their own hands, that they may have something to share with those in need. ²⁹ Do not let any unwholesome talk come out of your mouths, but only what is helpful for building others up according to their needs, that it may benefit those who listen. ³⁰ And do not grieve the Holy Spirit of God, with whom you were sealed for the day of redemption. ³¹ Get rid of all bitterness, rage and anger, brawling and slander, along with every form of malice. ³² Be kind and compassionate to one another, forgiving each other, just as in Christ God forgave you.

A picture of those far from God

1.	Unfocused thinking - Living without
2.	in understanding
3.	from God
4.	hearts
5.	to God
6.	

Debauchery:	intemperance,	licentiousness,	lasciviousness,	insolence.
			,	

and outrageous behaviour.

Intemperance: Lack of moderation or restraint

Licentiousness: Promiscuous and unprincipled in sexual matters

Lasciviousness: An overt and offensive sexual desire

Insolence: Rude and disrespectful

Outrageous: Shockingly bad or excessive

Romans 1:18-32

A Picture of the Redeemed

	1.	Living with	_	
	2.	Experiencing a meaningfu	ıl pattern	
	3.	Living in the light of		
	4.	Rejecting the former ungo	odly	
	5.	Embracing a new		
	6.	Experiencing a new		
	7.	Being like God in	and	_
Pr	acti	cal Holiness		
	1.	We are to put off	and put on	
	2.	We are to put off	and put on	
	3.	We are to put off	and put on honest	
	4.	We are to put off	_ speech and put on	speech
	5.	We are to put off	and put on kindness,	compassion
		and		

A Contrast Community

¹¹ For the grace of God has appeared that offers salvation to all people. ¹² It teaches us to say "No" to ungodliness and worldly passions, and to live self-controlled, upright and godly lives in this present age, ¹³ while we wait for the blessed hope—the appearing of the glory of our great God and Savior, Jesus Christ, ¹⁴ who gave himself for us to redeem us from all wickedness and to purify for himself a people that are his very own, eager to do what is good. Titus 2:11-14