

Margin – Creating space for what really matters

1. A busy week in the life of Jesus from Mark 1: 14-34.

¹⁴ After John was put in prison, Jesus went into Galilee, proclaiming the good news of God. ¹⁵ "The time has come," he said. "The kingdom of God has come near. Repent and believe the good news!" ¹⁶ As Jesus walked beside the Sea of Galilee, he saw Simon and his brother Andrew casting a net into the lake, for they were fishermen. ¹⁷ "Come, follow me," Jesus said, "and I will send you out to fish for people." ¹⁸ At once they left their nets and followed him. ¹⁹ When he had gone a little farther, he saw James son of Zebedee and his brother John in a boat, preparing their nets. ²⁰ Without delay he called them, and they left their father Zebedee in the boat with the hired men and followed him.

²¹ They went to Capernaum, and when the Sabbath came, Jesus went into the synagogue and began to teach. ²² The people were amazed at his teaching, because he taught them as one who had authority, not as the teachers of the law. ²³ Just then a man in their synagogue who was possessed by an impure spirit cried out, ²⁴ "What do you want with us, Jesus of Nazareth? Have you come to destroy us? I know who you are—the Holy One of God!"

²⁵ "Be quiet!" said Jesus sternly. "Come out of him!" ²⁶ The impure spirit shook the man violently and came out of him with a shriek. ²⁷ The people were all so amazed that they asked each other, "What is this? A new teaching—and with authority! He even gives orders to impure spirits and they obey him." ²⁸ News about him spread quickly over the whole region of Galilee.

²⁹ As soon as they left the synagogue, they went with James and John to the home of Simon and Andrew. ³⁰ Simon's mother-in-law was in bed with a fever, and they immediately told Jesus about her. ³¹ So he went to her, took her hand and helped her up. The fever left her and she began to wait on them.

³² That evening after sunset the people brought to Jesus all the sick and demon-possessed. ³³ The whole town gathered at the door, ³⁴ and Jesus healed many who had various diseases. He also drove out many demons, but he would not let the demons speak because they knew who he was.

"Very early in the morning while it was still dark Jesus got up, left the house and went off to a solitary place to pray". Mark 1:35

Learning from Jesus - How did Jesus respond to issues of busyness?

1.	A change in
2.	A change in
3	A change in

2. The invitation of Jesus from Matthew 11:28-30

²⁸"Come to me, all you who are weary and burdened, and I will give you rest. ²⁹Take my yoke upon you and learn from me, for I am gentle and humble in heart, and you will find rest for your souls. ³⁰For my yoke is easy and my burden is light." Matthew 11:28-30 (NIV)

²⁸"Are you tired? Worn out? Burned out on religion? Come to me. Get away with me and you'll recover your life. I'll show you how to take a real rest. ²⁹Walk with me and work with me--watch how I do it. Learn the unforced rhythms of grace. I won't lay anything heavy or ill-fitting on you. ³⁰Keep company with me and you'll learn to live freely and lightly." Matthew 11:28-30 (MSG)

1.	"	to me".
2.	"Take my	upon you."
3.	"	from me".

"Jesus calls us to His rest, and meekness is his method. The meek man cares not at all who is greater than he, for he has long ago decided that the esteem of the world is not worth the effort. The rest Christ offers is the rest of meekness, the blessed relief which comes when we accept ourselves for what we are and cease to pretend. It will take some courage at first, but the needed grace will come as we learn that we are sharing in this new and easy yoke with the strong Son of God Himself." A.W. Tozer